Mississippi Council on Developmental Disabilities

Five Year State Plan

For year 2013

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Section IV : 5-Year Goals [Section 124(4); Section 125(c)(5) and (c)(7)]

GOAL # 1: Employment

Individuals with Developmental Disabilities have increased opportunities for community employment choices which are aligned with their interests, abilities, and needs.

Area(s) of Emphasis:	Strategies to be used in achieving this goal:
 Quality Assurance Education and Early Intervention Child Care Health Employment Housing Transportation Recreation Formal and Informal Community 	 Outreach Training Technical Assistance Supporting and Educating Communities Interagency Collaboration and Coordination Coordination with related Councils, Committees and Programs Barrier Elimination Systems Design and Redesign Coalition Development and Citizen Participation Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities

Objectives

Identify and promote at least one Best Practice Model for increasing community employment options for indivdiuals with Developmental Disabilities.

Activities

1. Provide continued funding for Customized Employment (an initiative where the focus is on matching individuals with severe disabilities with employment in the community that matches their abilities and interests) to Hudspeth Regional Center

2. Through the Mississippi Partnerships for Employment of Youth and Young Adults with DD/ID, the AIDD Project of National Significance grant, provide funding to four demonstration models (employment and transition services). Agencies approved for project funding include the ARC of Mississippi, Oxford School District, Rankin County School District, and Living Independence for Everyone (LIFE) of Mississippi

Timeline

- 1. October 1, 2011 through September 30, 2012
- 2. August 1, 2012 through September 30, 2016

Objectives

Identify at least one barrier to increasing community development options for individuals with Developmental Disabilities.

Activities

Provide funding via contract to the University of Southern Mississippi Institute for Disability Studies through Mississippi Partnerships in Employment for Youth and Young Adults with DD/ID. IDS will manage a Stakeholders Group and provide statewide training in disability awareness, customized employment, and hiring of individuals with developmental and intellectual disabilities, provide a project website, and work on other accessibility issues.

Timeline

October 1, 2011 through September 30, 2016

Objectives

Determine and advocate for at least one Policy Change to improve Community Employment options for individuals with Developmental Disabilities.

Activities

Provide funding via contract to Disability Rights Mississippi for Employment Workgroup through Mississippi Partnerships for Employment of Youth and Young Adults with DD/ID. DRMS will manage and Employment Work Group and provide legal analysis and policies of state agencies and strategies to eliminate barriers to employment.

Timeline

October 1, 2011 through September 30, 2016

Objectives

Collaborate with other stakeholders to facilitate the transition up to 15 individuals from work activity centers into community employment of their choosing.

Activities

1. Collaborate with various entities in the Bridge to Independence grant through MS Department of Medicaid. This grant uses waivers for five existing home and community-based services to help move individuals who are elderly and/or have a physical, intellectual, or severe mental disability out of nursing homes, ICF/MRs, etc. into a community setting.

2. Provide funding to the ARC of Mississippi for Customized Employment (an initiative to move up to 9 individuals with disabilities in sheltered workshops into community employment)

Timeline

- 1. October 1, 2011 through Sept. 30, 2016
- 2. August 1, 2012 through Sept. 30, 2016

Objectives

Partner with others to achieve successful community employment for at least 10 individuals with Developmental Disabilities in their respective communities.

Activities

1. Provide continued funding for Customized Employment (an initiative where the focus is on matching individuals with severe disabilities with employment in the community that matches their abilities and interests) to Hudspeth Regional Center

2. Through the Mississippi Partnerships for Employment of Youth and Young Adults with DD/ID, the AIDD Project of National Significance grant, provide funding to four demonstration models (employment and transition of youth and young adults). Agencies approved for project funding include the ARC of Mississippi, Oxford School District, Rankin County School District, and Living Independence for Everyone (LIFE) of Mississippi

Timeline

- 1. October 1, 2011 through September 30, 2012
- 2. August 1, 2012 through September 30, 2016

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System

University Center(s)

State DD Agency

Vital state agencies, including Employment focused ones Mississippi Employment Security Commission MS Department of Rehab Services LIFE of MS ARC of MS Oxford School District Rankin County School District

GOAL # 2: Transportation

Individuals with Developmental Disabilities have increased opportunities for transportation which is safe, accessible, and aligned with their individual needs.

Area(s) of Emphasis: Strategies to be used in achieving this goal:

Quality Assurance		Outreach
Education and Early Intervention		Training
Child Care		Technical Assistance
Health	\checkmark	Supporting and Educating Communities
Employment		Interagency Collaboration and Coordination
Housing		Coordination with related Councils, Committees and
Transportation		Programs
Recreation	\checkmark	Barrier Elimination
Formal and Informal Community Supports	\checkmark	Systems Design and Redesign
		Coalition Development and Citizen Participation
	\checkmark	Informing Policymakers
	\checkmark	Demonstration of New Approaches to Services and
		Supports
		Other Activities

Objectives

Identify and promote at least one Best Practice Model for increasing transportation options for individuals with Developmental Disabilities.

Activities

Issue an RFP to fund a demonstration project to identify and eliminate barriers in transportation in rural or unserved urban areas of Mississippi

Timeline

October 1, 2013 through September 30, 2016

Objectives

Collaborate with other stakeholders to increase the understanding of transportation issues for individuals with Developmental Disabilities and their families.

Activities

Collaborate with Mississippi Transportation Coalition on increasing/improving transportation services statewide. Members of the coalition include the ARC of Mississippi, Mississippi Department of Transportation, Federation for the Blind, JTRAN, Central Mississippi Planning & Development District, Client Assistance Program, and self-advocates

Timeline

October 1, 2012 through September 30, 2016

Intermediaries/Collaborators Planned for this goal (if known):

State Protection and Advocacy System University Center(s)

State DD Agency

MS Transportation Coalition

Individuals with Developmental Disabilities have increased choices in affordable, accessible, and safe housing in their communities.

Area(s) of Emphasis: Strategies to be used in achieving this goal:

Quality Assurance Education and Early Intervention Child Care Health		Outreach Training Technical Assistance Supporting and Educating Communities
Employment		Interagency Collaboration and Coordination
Housing		Coordination with related Councils, Committees and
Transportation		Programs
Recreation	\checkmark	Barrier Elimination
Formal and Informal Community Supports	\checkmark	Systems Design and Redesign
		Coalition Development and Citizen Participation
		Informing Policymakers
		Demonstration of New Approaches to Services and
		Supports
		Other Activities

Objectives

Collaborate with other stakeholders to facilitate the transition up to 15 individuals from developmental centers into community based living arrangements of their choosing.

Activities

Collaborate with various entities in the Bridge to Independence grant through MS Department of Medicaid. This grant utilizes waivers for five existing home and community-based services to help move individuals who are elderly and/or have a physical, intellectual, or severe mental disability out of nursing homes, ICF/MRs, etc. into a community setting.

Timeline

October 1, 2011 through September 30, 2016

Objectives

Disseminate information to families to provide options for achieving affordable Housing/Living choices in their respective communities.

Activities

Provide funding to the University of Southern Mississippi Institute for Disability Studies to develop an accessible video to focus on the supports, services, and systems used to assist people with disabilities in becoming homeowners and living independently.

Timeline

October 1, 2012 through September 30, 2013

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System



State DD Agency

Housing Entities MS Dept. of Medicaid (Bridge to Independence) Individuals with Developmental Disabilities and their families advocate for and have access to services and supports that allow them to lead productive and inclusive lives in their communities.

Area(s) of Emphasis: Strategies to be used in achieving this goal: Outreach **Quality Assurance** Training Education and Early Intervention Child Care **Technical Assistance** Health Supporting and Educating Communities Employment Interagency Collaboration and Coordination Coordination with related Councils, Committees and Housing Transportation Programs \checkmark **Barrier Elimination** Recreation Systems Design and Redesign Formal and Informal Community Supports **Coalition Development and Citizen Participation** Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities

Objectives

Increase the number of community support options for at least 30 individuals with Developmental Disabilities and their families.

Activities

Issue an RFP to fund a demonstration project to expand community supports for individuals with DD/ID

Timeline

October 1, 2013 through September 30, 2016

Objectives

Assist at least 500 individuals with Developmental Disabilities and their families with information on services, community resources, and inclusive opportunities.

Activities

1. Develop and update links on Council's website for community resources and inclusive opportunities

2. Provide funding to Disability Rights Mississippi to develop a community resource database for people with disabilities, families, service providers, and others to access community support contact information

Timeline

1. March 1, 2012 through September 30, 2016

2. October 1, 2012 through September 30, 2013

Objectives

Identify and promote new technologies, multi-media tools, and assistive technology for up to 20 individuals with Developmental Disabilities to be more empowered and to live more independently.

Activities

Provide funding via grant for Service Animals of Mississippi in which dogs are trained to assist individuals with developmental disabilities in various ways to improve quality of life

Timeline

October 1, 2011 through March 31, 2012

Objectives

Partner with self-advocates to create and/or improve an expanded social and friendship web based network.

Activities

Provide funding via contract to a self-advocate to create a website and use other social media to connect individuals with disabilities to develop friendships and improve self-determination

Timeline

January 1, 2013 through September 30, 2016

Objectives

Ensure that at least 100 individuals with Developmental Disabilities and their families have access to more information on services, best practices, and community resources through MS CDD

sponsored opportunities.

Activities

1. Develop/frequently update information/links on Council's website to inform individuals of services, resources, and inclusive opportunities

2. Contract with ARC of Mississippi and Disability Rights MS to provide stipends and opportunities for individuals/family members to attend the disability Mega Conference (June 21-22, 2012)

3. Provide conference grant to the Mississippi Coalition for Citizens with Disabilities for the 2011 Conference "IMAGINE...When Possibilities Meet Potentials" (October 13-14, 2011) for commodities

4. Assist with providing t-shirts for participants in the Central Mississippi Down Syndrome Society Buddy Walk (October 8, 2011)

5. Provide commodities for individuals/family members who attend the Southeast Family Deaf-Blind Transition Institute (January 13-16, 2012)

6. Provide assistance for lodging to individuals/family members who attend the National Federation for the Blind annual conference (March 30-April 1, 2012)

Timeline

1. March 1, 2012 through September 30, 2016

- 2. March 1, 2012 through July 1, 2012
- 3. October 1, 2011 through December 31, 2011
- 4. October 1, 2011 through December 31, 2011
- 5. January 1, 2012 through March 31, 2012
- 6. March 1, 2012 through May 31, 2012

Objectives

At least 20 individuals with Developmental Disabilities and their families will be educated on issues of aging caregivers and self-identified alternative supports.

Activities

1. Provide conference grant to MS Department of Mental Health, Division of Alzheimer's Disease and Other Dementia (August 15-17, 2012) to offset the cost of commodities for individuals and family members

2. Provide assistance to AAIDD to offset speaker fees for the MH/IDD conference (October 24-26, 2012)

Timeline

- 1. August 1, 2012 through September 30, 2012
- 2. October 1, 2012 through September 30, 2012

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System

University Center(s)

State DD Agency

Self Advocates involved in advocacy on waiting list issues

GOAL # 5: Education

Individuals with Developmental Disabilities have increased educational opportunities that include resources and supports to reach academic goals and to improve transitional supports.

Area(s) of Emphasis: Strategies to be used in achieving this goal:

Quality Assurance Education and Early Intervention Child Care Health Employment Housing Transportation Recreation Formal and Informal Community Supports	Outreach Training Technical Assistance Supporting and Educating Communities Interagency Collaboration and Coordination Coordination with related Councils, Committees and Programs Barrier Elimination Systems Design and Redesign Coalition Development and Citizen Participation Informing Policymakers
Formal and Informal Community Supports	Coalition Development and Citizen Participation

Objectives

Identify and promote at least one Best Practice Model to increase educational opportunities for individuals with Developmental Disabilities.

Activities

Provide funding to the University of Southern Mississippi Institute on Disability Studies for a childcare video (Mississippi Showcase) highlighting best practices of inclusive childcare and Pre-k programs including the use of Universal Design for Learning (UDL) guidelines for early childhood programs developed by the National Center for Applied Special Technology (CAST) and the National Early Childhood Technical Assistance Center (NEC-TAC).

Timeline

October 1, 2012 through September 30, 2013

Objectives

Determine and advocate for at least one Policy Change to improve educational options for

individuals with Developmental Disabilities.

Activities

Through the Mississippi Partnerships for Employment of Youth and Young Adults, Oxford and Rankin School Districts will improve transitional services for students with DD/ID by expanding the array of services offered and transitional training opportunities

Timeline

August 1, 2012 through September 30, 2016

Objectives

Collaborate with other stakeholders to increase knowledge on educational issues for individuals with Developmental Disabilities and their families.

Activities

Through the Mississippi Partnerships for Employment of Youth and Young Adults, Oxford School Districts will improve transitional services by providing individuals and their family members and others a Preparing for Life Transition Planning Guide

Timeline

August 1, 2012 through September 30, 2016

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System

- University Center(s)
- State DD Agency

Rankin County School District Oxford School District MS Department of Education

GOAL # 6: Health

Individuals with Developmental Disabilities and their families have increased access to needed resources and information on health and health related issues.

Area(s) of Emphasis: Strategies to be used in achieving this goal: Outreach **Quality Assurance** Education and Early Intervention Training Child Care **Technical Assistance** Health Supporting and Educating Communities Employment Interagency Collaboration and Coordination Housing Coordination with related Councils, Committees and Transportation Programs \checkmark **Barrier Elimination** Recreation Systems Design and Redesign Formal and Informal Community Supports Coalition Development and Citizen Participation Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities

Objectives

Identify and promote at least one Best Practice Model for increasing wellness, nutrition, and healthy living lifestyles for at least 15 people with Developmental Disabilities and their families.

Activities

Issue an RFP to fund a demonstration project to identify and promote wellness and healthy lifestyles for individuals with DD

Timeline

October 1, 2013 through September 30, 2016

Objectives

Identify at least one barrier to health issues for people with Developmental Disabilities and their families.

Activities

Collaborate with the University of Mississippi Medical Center to provide tele-health services in rural areas throughout Mississippi

Timeline

October 1, 2012 through September 30, 2013

Objectives

Ensure that at least 100 individuals with Developmental Disabilities and their families have access to more information on health and health related issues.

Activities

Contract with self-advocates to develop printed materials to distribute to individuals and their families regarding current health related issues in Mississippi

Timeline

January 1, 2013 through September 30, 2016

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System

University Center(s)

State DD Agency

University of Mississippi Medical Center

Families can choose from a range of Inclusive Childcare Models.

Area(s) of Emphasis:		Stra	Strategies to be used in achieving this goal:	
	Quality Assurance Education and Early Intervention Child Care Health Employment Housing		Outreach Training Technical Assistance Supporting and Educating Communities Interagency Collaboration and Coordination Coordination with related Councils, Committees and	
	Transportation		Programs Barrier Elimination	
	Recreation Formal and Informal Community Supports		Barrier Elimination Systems Design and Redesign Coalition Development and Citizen Participation Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities	

Objectives

Provide information to at least 50 families and promote a Best Practice Model of inclusive childcare across the state.

Activities

Collaborate with the University of Southern Mississippi Institute for Disability Studies to produce a childcare video (Mississippi Showcase) highlighting best practices of inclusive childcare and Pre-k programs including the use of Universal Design for Learning (UDL) guidelines for early childhood programs developed by the National Center for Applied Special Technology (CAST) and the National Early Childhood Technical Assistance Center (NEC-TAC).

Timeline

October 1, 2012 through September 30, 2013

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System

University Center(s)

State DD Agency

Mississippi Department of Health

GOAL # 8: Quality Assurance

Individuals with Developmental Disabilities and their families have the information, opportunities, skills, and supports to advocate for their rights, to make their choices, to direct their services, to participate in their interests and to live life in their community.

Area(s) of Emphasis: Strategies to be used in achieving this goal: **Quality Assurance** Outreach Education and Early Intervention Training **Technical Assistance** Child Care Health Supporting and Educating Communities Interagency Collaboration and Coordination Employment Coordination with related Councils, Committees and Housing Transportation Programs **Barrier Elimination** Recreation Formal and Informal Community Supports Systems Design and Redesign **Coalition Development and Citizen Participation** Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities

Objectives

Create and coordinate an online resource and a central network that provides service information, options, and supports to at least 500 individuals with Developmental Disabilities and their families.

Activities

1. Develop and update links on Council's website for community resources and services information

2. Provide funding to Disability Rights Mississippi to develop a community resource database for people with disabilities, families, service providers, and others to access community supports

Timeline

- 1. March 1, 2012 through September 30, 2016
- 2. October 1, 2012 through September 30, 2013

Objectives

Establish or strengthen at least one program for a state wide self-advocacy organization.

Activities

Provide funding to the University of Southern Mississippi Institute on Disability Studies for the Advocacy TEAM Mississippi project to increase the number of youth and young adult self-advocates with disabilities. TEAM will re-establish the Mississippi Self-Advocacy Team as an advisory council and provide self-advocacy training. Self-advocates will provide training in the south, central, and north Mississippi areas. Twenty-seven secondary schools and three colleges/universities will receive self-advocacy training.

Timeline

October 1, 2012 through September 30, 2013

Intermediaries/Collaborators Planned for this goal (if known):



State Protection and Advocacy System University Center(s)

State DD Agency

Self Advocates MS Chapter of National Federation for the Blind Advocacy TEAM Mississippi Autism Center of Tupelo

GOAL # 9: Recreation

Individuals with Developmental Disabilities and their families have increased access to inclusive recreation and recreation related activities (includes leisure, art, and social opportunities).

Area(s) of Emphasis:

Strategies to be used in achieving this goal:

Quality Assurance Education and Early Intervention Child Care Health Employment Housing Transportation Recreation	Outreach Training Technical Assistance Supporting and Educating Communities Interagency Collaboration and Coordination Coordination with related Councils, Committees and Programs Barrier Elimination
Formal and Informal Community Supports	Systems Design and Redesign Coalition Development and Citizen Participation Informing Policymakers Demonstration of New Approaches to Services and Supports Other Activities

Objectives

Identify and promote at least one Best Practice Model for increasing inclusive recreational and recreation related activities for at least 25 individuals with Developmental Disabilities and their families.

Activities

1. Provide funding via contract to Together Enhancing Autism Awareness to provide best practices to individuals with Autism and individuals with DD/ID through family retreats and providing families and professionals with ideas, facts, and strategies for participation in inclusive recreational activities

2. Provide funding to Together Enhancing Autism Awareness for Adventures for All, an inclusive recreation program that will provide respite opportunities for participants of all ages including adventure-based, weekend retreats to 336 individuals of equal number of individuals with intellectual/developmental disabilities and well as peers without disabilities.

Timeline

- 1. October 1, 2011 through September 30, 2012
- 2. October 1, 2012 through September 30, 2013

Objectives

Ensure that at least 100 individuals with Developmental Disabilities and their families have access to more information on inclusive recreation and recreation related activities.

Activities

1. Provide funding to the Arc of Southeast Mississippi for Active through the Arts in which individuals with developmental disabilities and their families have access to, use of, and instruction in recreational, leisure, and social activities in their communities.

2. Provide funding to the Arc of Southeast Mississippi for I Can Do All Things which will provide individuals with a disability an opportunity to be successful in community recreation. Activities of recreation will include show choir, hand bell choir, organized team sports, dancing, running/walking, and/or fishing. In addition, regular scheduled social events will include Bunko night, cosmetology classes, and dinner clubs.

Timeline

- 1. October 1, 2011 through September 30, 2012
- 2. October 1, 2012 through September 30, 2013

Intermediaries/Collaborators Planned for this goal (if known):

State Protection and Advocacy System

University Center(s)

State DD Agency

TEAAM ARC of Southeast MS